

#CoffeeMorningForCancerRelief



**CANCER
RELIEF
GIBRALTAR**

Coffee Morning 2020

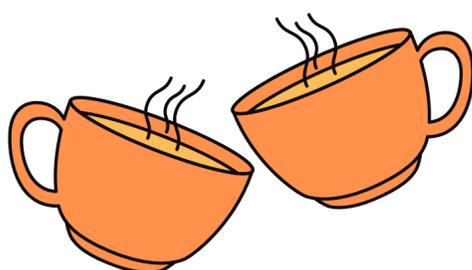
Host a Cancer Relief Coffee Morning and enjoy all the good things in life - cuppa, cake and catch ups - knowing you are helping to support everyone affected by cancer to live life as fully as possible.

How, then, to hold your coffee morning this year whilst adhering to Covid 19 safety guidelines? This is where we have to get creative!

Below are some hints and tips about how to hold a successful Coffee Morning AND ensure that you are following Government of Gibraltar Public Health best measures:

- Maintain hand hygiene when touching items such as serving utensils, money or even cakes. Provide gel if hand washing facilities aren't available. Consider a collection pot for donations rather than cash having to change hands.
- Use mask in enclosed areas as recommended.
- Set up a Just Giving page so your guests can donate safely: www.justgiving.com
- Avoid gatherings:
 - At home, make sure your group isn't larger than that recommended by (?)Public Health. You can increase your gathering by holding a joint Coffee Morning with other family members in different houses via video calls!
 - At work, avoid everyone congregating at one time in a break room, by hosting a day-long event, where staff can pop in whenever they choose to collect a cuppa and their treats and enjoy them following your place of work's guidelines.
- BYOT - Bring-Your-Own-Thermos! If you're concerned about sharing crockery, this will help maintain social distancing while still enjoying a cuppa together!
- Fundraise from your front door with a Coffee Morning-to-go or take Coffee Morning to your loved ones with doorstep deliveries. If you can't deliver yourself, consider ordering from local bakeries and cake shops and using delivery companies to send surprises to all your guests.
- Hold a neighbours get-together without the get-together! Have a cuppa outside each of your front doors and collect donations in an open, communal area.
- Invite people from all over the world! This is the perfect opportunity to 'get together' for a catch up wherever you may be. Video call family, friends, even work colleagues in other locations to enjoy your Coffee Morning together.

ABOVE ALL, PLEASE STAY #COVID-19 SAFE!



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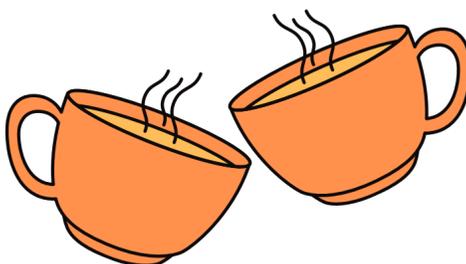
Support this year's Coffee Morning safely, whether it's at home, 1000 miles away, the break room, at school, or in a socially distanced space! Make sure to check the most up-to-date Government of Gibraltar Public Health advice on social distancing to ensure that your coffee morning is safe, then make it fun!

Here are some of our ideas to get your coffee morning planning off to a good start:

- Download our online 'Coffee Morning Pack' or design your own posters to promote your event, send invites and make decorations.
- Spread the word - call, email or text an invite to all of your friends, family or colleagues.
- Plan games, such as our downloadable quiz or your own 'Guess the...' games.
- Raise extra cash with 'virtual event fines' such as forgetting to unmute or someone walking across the screen.
- Host an online 'bake off' with your guests. Choose simple recipes that you can make 'together' and enjoy fresh from the oven, such as chocolate brownies, vanilla cupcakes and fruit scones.
- Remember loved ones by sharing stories and memories. Raise a toast (or a slice) to their memory together and make donations.
- Choose a theme for your event to make it unique
- Set each other challenges and donate if you forfeit.
- Use the opportunity to teach a skill for a fee or divulge that secret recipe for a generous donation!
- Remember, you aren't tied to our date, you can hold your coffee morning whenever and however you like!

The day is yours to do with as you wish! Let's make the most of these unusual times to make our coffee mornings bigger (virtually) and better than ever! The virtual sky is the limit!

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