

## **The Gibraltar Society for Cancer Relief**

Operating as 'Cancer Relief Gibraltar'

### **Annual report 2016**

**Registered charity number 38 (Gibraltar)  
Friendly Societies Act 1888**

\*\*\*\*\*

Here are some comments written by patients and their relatives this year about the Cancer Relief Centre. This extremely positive feedback confirms the important role the Centre is playing in providing support for those affected by cancer in Gibraltar.

*"I don't know what I would have done without your help"*

*"You have given my mum a new lease of life"*

*"I never thought I would find a friendly group of people dedicated entirely to the patient and family. The staff go out of their way to make life that much easier for patients"*

*"Best place with best people!"*

*"Everybody is so kind and attentive; they make you feel at home....our problems are made easier when we attend the centre every week"*

---

**Annual report 2016**

**The officers of the Charity who served during the year:**

Marisa Desoiza (Trustee and Chair)  
Martin Lennane (Trustee and Treasurer)  
Geoffrey Cleall-Harding (Trustee)  
Annalise Menez (Secretary)

**Council members who served during the year**

Dr Susie Wilkinson (resigned 31st July 2016)  
Mark Isola  
Christopher Pitaluga  
Hamish Thompson (appointed 11<sup>th</sup> November 2015)

**Independent Financial Examiners**

PricewaterhouseCoopers Ltd  
Chartered Accountants  
International Commercial Centre  
Casemates Square  
P O Box 75  
Gibraltar

**Bankers**

S G Hambros Bank (Gibraltar) Limited  
Hambro House  
32 Line Wall Road  
P O Box 375  
Gibraltar

NatWest Bank Limited  
57 Line Wall Road  
Gibraltar

**Lawyers**

Isolas  
Portland House  
Glacis road  
P O Box 204  
Gibraltar

**Objects**

Cancer Relief's purpose is to identify and meet the needs of patients and all those affected by cancer in Gibraltar.

## The Gibraltar Society for Cancer Relief

---

### Chairperson's report

We continue to see a growth in the number of people using the Centre's services. The figures given below represent the average number of people seen **every month**.

<b>Services</b>	<b>Patients</b>	<b>Carers</b>
<u>Cancer Support Clinics</u> offering one to one time for patients or family; offering time to listen, information, advice and support.	53	19
<u>Aromatherapy and Holistic</u> complementary Massage: Promotes overall wellbeing and aims to reduce negative symptoms for patients, family members and those who have being bereaved.	27	11
<u>Head Smart Hair and Wig service</u> : Offering advice and support on all things related to hair loss as well as wig fitting and head scarf usage.	5	n/a
<u>Pampering</u> : beauty care dedicated to helping patients and loved ones look their best no matter how tough the times has been; helps to boost confidence and morale.	10	2
<u>Day Support and Day Respite</u> : for those who need a bit more intensive support. A 6 week programme for patients and/or loved ones based on their individual needs assessments. Lunch included.	18	4
<u>Nurse led Talk Therapy and Specialist Trained Counselling Services</u> : It can be helpful to talk about feelings and discuss any concerns with someone not too emotionally or personally close. This service offers a range of individual or group support.	2	3
<u>Programmes of Wellbeing</u> : Ongoing evening programmes of activities focused on promoting relaxation, socialisation, and general wellbeing; these include yoga, relaxation sessions and crafts. Open to both patients and carers	5	2
<u>Weekly Coffee and Catch up Mornings</u> : Drop in coffee mornings held every Monday for anyone affected by cancer all welcome	6	4
<u>Hospice at Home Nursing service</u> :-qualified and experienced planned nursing care offering periods of respite support and end of life care for those patients who wish to die at home.	23	
<u>Nursing Equipment</u> for use in patients' homes	6	n/a

We also provide financial assistance to patients and families suffering from economic hardship because of their illness; in 2016 we assisted 3 families.

Breast Cancer Care Gibraltar and the Prostate Cancer Support Group also meet at the Centre.

## The Centre Team: Staff and Volunteers in partnership with the GHA

The team is very ably led by Grainne McKenna, our Charity / Centre Nurse Manager with support from Rowena Wallace, the Centre Administrator. We also employ four other full time specialist nurses. Daniela Ayre, who runs our day services as well as Linda Cooper and Dawn Halstead, our two Hospice at Home Nurses. In addition, our part-time Oncology Support Nurse, Kate Howarth supports patients going through chemotherapy. Other team members whose services are paid for include our aromatherapist Pauline Belshaw and our new member of the complementary therapy team Osh Levy-Attias; as well as Madeline Andlaw, our bereavement counsellor. One of our valued long time aromatherapists, Juliette Piris, retired this year.

We are so fortunate to have a wonderful team of volunteers who so generously provide their skills and time; from drivers, day care volunteers, fund-raisers as well as 'specialist' volunteers with particular skills. The Centre could not function in the way it does were it not for them. A special word of thanks also goes to everyone who, in their own way have raised funds for us which has in turn enabled us to care and support so many people affected by cancer. **To each one of you a huge THANK YOU!**

## Cancer Care Education and Training

Our Cancer Relief staff work closely with the GHA team; this year we have seen a great emphasis on improving our clinical staff's knowledge and skills. Members of the Cancer Relief / GHA multi-disciplinary palliative care team attended the week long "Quality End of Life Care for All" course in preparation for the future opening of a 4 bedded hospice unit at the Centre. The course was designed by St Christopher's Hospice in London to enable teams of health practitioners to lead on the delivery of high quality care to patients and families at the end of life. We would like to thank the Kusuma Trust for so generously funding the course. The team have also been sharing their knowledge with GHA colleagues by providing training / placements for students.

## Extraordinary General Meeting

On 14<sup>th</sup> November 2016, it was unanimously resolved to transfer the engagements of "The Gibraltar Society for Cancer Relief" to a Company Limited by guarantee "The Gibraltar Society for Cancer Relief Limited" in accordance with the provisions of Section 67A of the Friendly Societies (Amendment) Act 2016. This limits the personal liability of the Trustees/Directors and brings this charity in line with other similar UK charities. The Trustees attended an "Away Morning" in order to discuss improvements to the way the charity is being run by the Board. As a result, we are stream-lining our practices and improving the way we work. We are grateful to the Kusuma Trust for facilitating this. I would also like to thank Isolais' legal team for their voluntary work and invaluable assistance on the legal matters we have addressed this year; and PWC for reviewing and reporting on the Financial Statements.

## Opening the Hospice

We had hoped to open the 4 bedded unit upstairs at the Centre this year but this has not been possible due to the necessary steps that had to be taken, such as that addressed by the EGM. We are currently in the process of drafting the Grant Agreement between both parties and hope to be in a position to open the unit in the first half of next year. The hospice will care for terminally ill patients for whom curative

treatment is not an option. Those with complex symptom control or rehabilitation needs will also be assessed and cared for and short-term urgent carer relief will be available.

## **The Gibraltar Society for Cancer Relief**

---

### **Financial report for the year ended 31<sup>st</sup> December 2015**

2015 was a successful year financially with an excess of income over expenditure of £25,957. During 2015 we employed a hospice at home nurse and our oncology support nurse returned from maternity leave. Because of demand in the community we were able to employ an additional hospice at home nurse during 2016. These measures have resulted in a much higher expenditure in 2016 and we have budgeted for an increase in overall costs to £220,000 in the full year. Fortunately our fund raising teams have risen to the challenge and we expect to end 2016 still covering costs from current income. Our cash reserves are considered sufficient to maintain the level of services at present.

### **Income and expenditure account for the year ended 31<sup>st</sup> December 2015**

	<b>2015</b>	<b>2014</b>
	<b>£</b>	<b>£</b>
<b>Income</b>		
Membership subscriptions	165	2,570
Donations and fund raising	167,676	159,962
Interest received	703	323
Government grant	16,000	8,500
	<hr/> 184,544 <hr/>	<hr/> 171,355 <hr/>
<b>Expenditure</b>		
Salaries	89,768	43,982
Social insurance	6,001	4,286
Staff training and education	5,922	0
Complimentary care	14,676	11,483
Day centre rent, electricity telephone	6,169	3,950
Day centre cleaning, repairs and renewals	3,409	1,802
Day centre consumables and administration	2,751	3,120
Day centre computers and IT	1,672	304
Printing and publicity	2,929	1,562
Wigs and aromatherapy materials	3,619	365
Financial assistance	3,000	5,500
Vehicle expenses	658	1,628
Insurance	5,576	5,199
Bank charges	302	211
Depreciation	13,065	12,497
Sale of assets	(930)	0
<b>Total expenditure</b>	<hr/> 158,587 <hr/>	<hr/> 95,889 <hr/>
<b>Surplus / (deficit) for the year</b>	<hr/> <hr/> 25,957 <hr/> <hr/>	<hr/> <hr/> 75,466 <hr/> <hr/>

## The Gibraltar Society for Cancer Relief

---

### Balance sheet as at 31<sup>st</sup> December 2015

	<b>2015</b>	2014
	<b>£</b>	£
<b>Fixed Assets</b>		
Leasehold property	8,413	8,880
Fixtures fittings and equipment	40,050	43,271
Motor vehicles	8,894	13,848
Computers	4,059	4,984
	<u>61,416</u>	<u>70,983</u>
<b>Current Assets</b>		
Prepayments	478	3,228
Cash at bank	351,710	316,898
	<u>355,304</u>	<u>320,126</u>
<b>Creditors: amounts falling due within one year</b>	<u>(2,435)</u>	<u>(2,781)</u>
<b>Net current assets</b>	352,869	317,345
<b>Total Net Assets</b>	<u>414,285</u>	<u>388,328</u>
	=====	=====
<b>Represented by:</b>		
Consolidated fund brought forward	388,328	312,862
Surplus / (deficit) for the year	25,957	75,466
	<u>414,285</u>	<u>388,328</u>
<b>Total funds</b>	414,285	388,328
	=====	=====